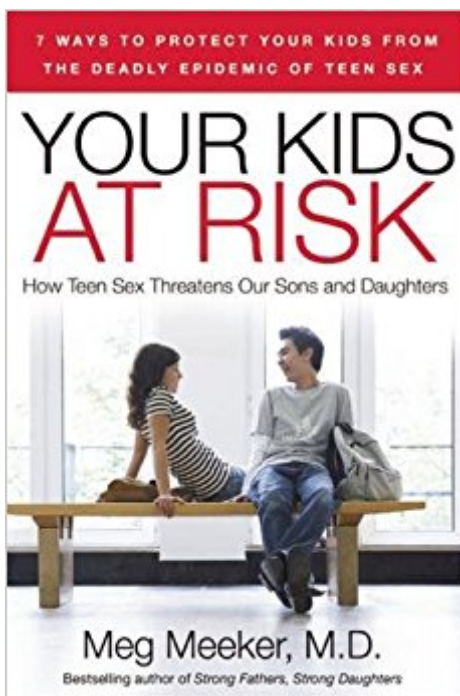


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# Your Kids At Risk: How Teen Sex Threatens Our Sons And Daughters



## Synopsis

Sexually transmitted diseases among teens has become a full blown epidemic a national emergency that's killing our kids. In this groundbreaking book Dr. Meeker uncovers the story of this serious epidemic and the pattern of political correctness and marketing hype that has caused this tidal wave of disease.

## Book Information

Paperback: 252 pages

Publisher: Regnery Publishing; 1 edition (May 21, 2007)

Language: English

ISBN-10: 1596985135

ISBN-13: 978-1596985131

Product Dimensions: 6 x 0.7 x 9 inches

Shipping Weight: 8.8 ounces (View shipping rates and policies)

Average Customer Review: 4.2 out of 5 stars 34 customer reviews

Best Sellers Rank: #923,539 in Books (See Top 100 in Books) #60 in [Books > Health, Fitness & Dieting > Teen Health](#) #98 in [Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Genitourinary & STDs](#) #547 in [Books > Parenting & Relationships > Parenting > Parenting Boys](#)

## Customer Reviews

In this fact-filled but overheated report, pediatrician Meeker cites medical studies and her own clinical experience to argue that adolescent promiscuity has led to skyrocketing rates of sexually transmitted disease and increased depression and suicide among the young. Spicing up her statistics with obscene rap lyrics and lurid reports of teen orgies and the high school "craze" for oral sex, she blames the usual suspects: post-60s permissiveness, the misguided equating of condoms with safety and sexualized media imagery in, for example, *Cosmopolitan* and *Ally McBeal*. In opposition to a "conspiracy" of sex-ed "bureaucrats" to "maintain sexual freedoms rather than prevent disease," Meeker advocates teaching teens to "postpone sex as long as possible" and, when they don't, to reflower themselves as "secondary virgins." In the end her advice to parents boils down to the age-old injunction to talk to their kids, with tips ("ask how he felt when he saw sex in a television show") that make this awkward task not much easier. On the other hand, forcing teenagers to read her unsparing and truly alarming descriptions of the ravages of venereal disease should kill their mood for quite a while. Copyright 2002 Reed Business Information, Inc. --This text

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AT THIS VERY MOMENT AN EPIDEMIC is invading our teenage kids. The epidemic is the tidal wave of sexually transmitted diseases that, in some cases, have increased more than 500% in recent years. Right now, one out of every four sexually active teens is living with an STD! Dr. Meg Meeker has lived on the front lines of this epidemic for more than twenty years. As a pediatrician specializing in adolescent medicine, Meeker now sees STDs affect one-third of her patients. In this groundbreaking book, she examines the threat of these diseases and the causes for their widespread advance among our teens. But there is hope: in the middle of a battlefield surrounded by disease, depression (the newest STD), injury, and death, we must arm our kids with knowledge so they can make the right choices. Victory won't come from wearing condoms or "exploring" sexual freedom, but from wisdom, maturity, and self-control. In this must-read book, Dr. Meg Meeker shows us how we can connect with our kids to help save them from this epidemic.

This was a difficult book to read, the infection rates and secondary consequences are quite bad. I felt compelled to take the time to write a book review when I read the type of One Star Reviews being posted. Most of the One Star Reviewers seemed to hate everything this author had to say while their own criticisms lacked any substance or specificity. I realize that there are at least two viewpoints on anything but these One Star Reviewers have got to do a better job than that. I doubt that even one of these people read more than a few pages, if even. In fact, not one (not even one!) of these One Star Reviewers was even an "Verified Purchaser". Now that says a lot! One Reviewer gave an unsubstantiated "Dr Meeker is not a realist" comment. Recently, two well known politicians and one well known Hollywood actor publicly disclosed, with some angst that they had HPV. Two of them thought they might have cancer (Oral in one, Cervical in the other) but were luckily cleared. The other man though did have Oral Cancer which he said he got from HPV. What is not real about these tragic stories? HPV is a problem and it is happening to kids. Perhaps this Reviewer is thinking that Dr Meeker is not a realist because kids will have sex no matter what. I'm not so sure. The US Dept of Health & Human Services - Office of Adolescent Health reports a significant and substantial reduction in tobacco use by adolescents over the past 40 years. It is common knowledge how addictive nicotine is. In addition, a 2012 Centers for Disease Control and Prevention biennial survey noted, "the percentage of young people who are waiting for sex has actually increased by 15 percent in the last 20 years." Many kids have more self discipline than some of the "you are not realistic" type Respondents give them credit for. There was another One Star Reviewer who

criticized the book at length from a number of angles. This reader, in my opinion, did not realize that this book is primarily about the prevalence of STD's constituting an epidemic. These are CDC's own words. Don't take anyone's word for this, check the internet yourself. The CDC has categorized STDs as an epidemic. On their own website, the CDC states that HPV is so common that nearly ALL sexually active men and women will get it at some point in their lives. STD's are an epidemic! One reviewer implied that it is sufficient to use the declining infection rates of Syphilis and Gonorrhea as a proxy for what to expect in the profusion of STD's today. There are a number of problems with this simplistic reasoning. First, today there are not just two VD's but almost 50 STD's. Second, there is no sign that Syphilis or Gonorrhea will ever be eradicated. As of 2014, it is being reported that almost all porn stars have Syphilis due to the transmigration of the porn industry between the US and Eastern Europe. Third, WHO recently reported that Gonorrhea, which used to respond well to common antibiotics, "may soon become untreatable as no vaccines or new drugs are in development." Finally, while Syphilis and Gonorrhea rates have declined, Gonorrhea has stubbornly plateaued at 100 per 100,000, the same level it was at in 1956 before it spiked. The CDC STD data is conservative and most probably significantly under reported. Page 13, "In February 2002, an editorial in the Esteemed Journal of the American Medical Association reported that the number of people with asymptomatic STDs (those that have no outward signs, like lesions or warts) probably exceeds those whose diseases have been diagnosed." This medical doctor was saying that STD stats are probably twice as bad as those reported. Many people have an STD but not the symptoms. Hopefully they never will but years later the STD can break out. Webmd.com reports that 1/2 of STD infections will be lifelong. While Syphilis and Gonorrhea were the main sexual diseases way back in the 1960's, not today. On page 32, "Before 1985, we rarely saw cases of HPV. Today, it is believed to be the most prevalent STD of all". In 2014, 79 million Americans have HPV, 1 in 4 Americans. Genital HPV strains 16 and 18 are only transmitted sexually ... and ... cause ... Cancer: Cervical Cancer, Anal Cancer, Vaginal Cancer, Vulvar Cancer, Penile Cancer. The Huffington Post documents how oral sex (and HPV-16/18) can lead to Oral Cancer and that HPV has replaced tobacco as the leading cause of Throat Cancers. According to the National Cancer Institute, "at any point in time, 42.5% of women have genital HPV infections ... Virtually all Cervical Cancers are caused by HPV infections, with just two HPV types, 16 and 18, responsible for about 70 percent of all cases. About 85 percent of all Anal Cancer cases are caused by HPV-16. About half of Vaginal Cancers, Vulvar Cancers, and Penile Cancers are caused by HPV types 16 and 18." Dr. Meeker published this book in 2007 when there were about 50 HPV strains. In 2014, according to the National Cancer Institute, there are now over 150 HPV strains. This virus is pernicious, malevolent

and growing. There is no cure for HPV. On page 112, "HPV more than any of the STDs has dealt a death blow to condoms ... The latest studies report that "condoms provide no impact on the risk of sexual transmission of HPV in women" and there is no clear evidence that condoms reduced HPV transmission in men". On page 14, "The CDC considers (the STD epidemic to be) a multiple epidemic of at least 25 diseases - nearly 50 if you count the various strains of virus groups. The most common STDs are HPV, Herpes, Chlamydia, Hepatitis B, Gonorrhea, Syphilis, HIV/AIDS, Trichomoniasis, and Chancroid. And there are a host of others that threaten our kids,... Consider some of them: Mycoplasma Hominis, Ureaplasma Urealyticum, Bacterial Vaginosis, Granuloma Inguinale, Shigellosis, Campylobacter, Hepatitis A, C and D, Cytomegalovirus, Genital Molluscum Contagiosum, Human T-cell Lymphotropic Virus types 1 and 2, Amebiasis, Giardia, and Candida Albicans". All connected to sexual activity. Dr. Meeker presents CDC stats which are so bad they will stun the average reader. So how can we keep information about these risks from our children (Dr. Meeker is a Pediatrician) or teenagers? We can't and we shouldn't. Kids for the most part are smart enough to understand the risks and to make better decisions. Dr. Meeker notes that some kids make even better decisions for themselves than those their own parents make for them. In closing, the implications of those STD's which can be transmitted through saliva in a nonsexual manner (such as herpes, trichomoniasis and HIV if there is an open mouth wound) should send up a red flag. [As an aside, while Hepatitis B is known for not being spread through kissing, it is known that Hepatitis B can be spread through sharing a toothbrush.] Your child is at risk through innocently sharing or trading some of her partly eaten lunch with a classmate. This happens all the time despite the directives by teachers and lunch aides not to do so. Your child is also at risk when he plays clarinet in the school band and occasionally hands his instrument over to his teacher to be adjusted, which sometimes requires that the instructor plays it. Lastly, America is not as fit and healthy as it once was. Diabetes is also considered by the CDC to be an epidemic. It is largely related to obesity. Stats show that about 1/3 of Americans are obese and a further 1/3 are overweight. How do CDC doctors describe this epidemic, diabetes? "The tragedy is that diabetes is largely preventable through lifestyle changes."

This is an old book, but like other old things, it's good. All parent should read this book years before their kids enter puberty and prepare kids for what lies ahead. Meg tells us it's time parents start acting like parent rather than peers! Kids see what we do and act accordingly. If parents let their kids know what they expect and live by that same example kids will know how to act! Dr Meeker lets parents know they are the number one and two teachers of sex to their kids. She believes all people,

young, old, and in between are capable of being chaste; that they are not driven helplessly down the path by uncontrollable hormones. Read this book and thank God there are people like Dr. Meeker and that she has a pen.

1999 I started talking about self-control with sex and money . . . the CONSTANT written response from my audiences were they wanted to know more about STDs and more about the differences between love and lust. Money not as important as these two - 'tell us more' responses I still get. Tragically are so many girls who wish they'd heard me sooner. Answering the desire to know more about love and lust I wrote a small book 'Beloved, Be Love.' Researching for the girls at Vista Maria in Dearborn Heights MI began my Beloved series. Vista Maria is the largest nonprofit in Michigan dealing with teenage girls- and 99% of them as be sexually molested - some as young as in their preschool lives. In my 'learn about more on STDs' - this is one of the books IMMENSELY valuable. There is massive data in the whole illicit sex STDS reality of life today. It makes me sick. Do you have any clue of what is going on today sexually with our kids?? Gang sex activities? In my own real life - my ex-husband exposed me to an easily curable STD in 1981 . . . thank God it was not viral - he got it from the woman he was sleeping with - she got it from her husband - and God only knows who all her husband was screwing around with. My ex at least paid the med bills dealing with this and in this instance he was honest . . . I take experience with more validity than paper information (texts, books, statistics etc.) Working in ballet I experienced another dancer with herpes. She lived in terror her only son might be infected - this was in the 1970s . . . my OBGYN, a major part of his practice is herpes. An ophthalmologist told me recently he's had two cases of Chlamydia - in the eyes - initially he thought they were conjunctivitis - but did not respond to treatment. Lab work clarified an STD in their eyes . . . that is recent (2010) . . . STDs in eyes is an increase in oral sex where teenage girls believe Clinton/Lewinski - oral sex isn't sex. These are simply a couple of doctors at hand in my modest life - not thousands of doctors. I've observed girls say they are still virgins - because 'blow jobs' aren't sex. This book is easy to read revealing cost of illicit culture. Meeker is a pediatrician. Seeing babies she delivered grow into adolescents - become so infected their lives are at risk - infections neglected - their bodies harmed for life (sterility). The fact today infertility is rampant too - those people trashing this book might be living in trash cans of denial. This 'Epidemic' shines light on a dark part of today. Even reality TV recently started a sex addicts show and - gee - there is an audience (can you imagine that?) Wonder how many STDs those characters manage. I call STDs "raunchy crotch realities." In universities itching and burning is epidemic- as anyone close to the pulse on campuses is aware of. College age people suicide is #2 cause of

death. Could viral STDs heap up more suicides? Keeping my pants on six years as a divorcee- third thing girls at Vista Maria were thrilled about I call `secondary virginity' - personally experienced before my second marriage of twenty one years to date now. Keeping my pants - detoxing illicit sex from who I am through celibacy/chastity is a part of success in my current marriage. Trust is critical benefit coming with sexual self-control. Sex even in a crappy marriage is better than sex outside of marriage in my own personal experience. Glad I was not slow learning in the arena of STDs decades ago, long before this very intense book. This book will curl your hair, turn up the volume on an impolite to talk about reality and help tighten CHASTITY belts - out of real fear - for those who still care about their health, their bodies, and their lives. Some don't care. I have shared this book with many others who have been glad they read it too.

Like that book, great explanations and real examples. As a mother is very important to stay informed. Highly recommended for parents.

Every parent should read, then give it to their teenagers to read.

Good information.

Sad, but true.

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